

# ST. STEPHEN'S COLLEGE

UZHAVOOR, KERALA 686634  
Affiliated to Mahatma Gandhi University, Kottayam.

## NewsLetter 2021-22



### EDITORIAL BOARD

Fr Benny Thomas  
Ms. Sruthy Elsa Jose



## THE MISSION OF THE ACADEMIC YEAR 2021-22

To fulfill our vision, we aim to enlighten the students towards academic excellence by providing holistic quality education, which moulds them into spiritually inspired youth with a strong responsibility towards man and nature.



**APRIL 2021**

**7TH APRIL**

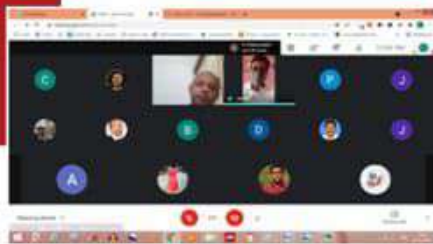
The **Commerce Association** in a tie-up with the **PTA of the college** conducted a **Three-Day Finishing School** for their final year B.Com. and PG students. Corporate Trainer of Training Gurus, Kochi **Mr. Eldo Paulose** was the resource person.

**7TH APRIL**

The **Commerce Association** conducted a workshop on **Research Methodology** for their PG students. **Dr. Tejil Thomas** (St. Thomas College, Pala) was the resource person.

MAY2021

**Koodeyundu St. Stephen's, the Covid helpdesk** begun by the college for Uzhavoor and Veliyanoor Panchayats, a combined venture of CEERD, NSS, NCC, KR Narayanan Study Centre & Health Info Net, was inaugurated virtually on 5th May by the Manager Rev. Fr. Alex Akkaparambil. The services offered included vaccination support, doctor's support, blood donation, transportation support, emergency support, spiritual/counselling support, and support to health workers.



Donated water Heater to the Domiciliary Care centre run by Uzhavoor Panchayat and three chairs to K.R Narayanan Hospital

30TH MAY

The **Department of Physics** organized an online **Silver-Jubilee get-together** of the B.Sc. 1992-1995 batch called "Harmony 1995-2021".

## JUNE 2021

### 3RD JUNE

A webinar on the topic “Reimagining, Recreating & Restoring for our Sustenance” was conducted by the Centre for Environmental Education and Rural Development (CEERD) in association with Kerala Forest & Wildlife Department, Social Forestry Division, Govt. of Kerala as part of the International Environment Day Celebration 2021. Sri. Manoj Balakrishnan, Senior Wildlife Assistant, Wildlife Division, Thrissur, was the resource person.

### 4TH JUNE

A national-level online PowerPoint presentation competition for college students on the occasion of Environment Day was conducted by Chemistry Association. The topic was “Science for Ecosystem Restoration”.



### 5TH JUNE

The Department of Economics observed Environment Day by planting saplings at home by both students and faculty.

The Departments of Zoology and Botany conducted an online poster designing competition for their students.

To begin the academic year's activities, on World Environment Day, the NSS Unit of St. Stephen's College, Uzhavoor had an essay competition for its volunteers who actively participated. The NSS volunteers were requested to plant at home an indigenous plant.

The Department of Mathematics and NCC Unit together organised a webinar on the topic “Veettil Villayunna Nanma Padangal.” The keynote speaker was the famed vlogger Mrs. Anit Thomas.



## JUNE 2021

### 7TH JUNE

7th June being **World Food Safety Day**, it was decided to encourage NSS volunteers by conducting a recipe contest.

### 12TH JUNE

On **World Day against Child Labour** (12th June), the volunteers decided to prepare an awareness video on the topic to enlighten others on this continuing and pertinent issue. A talk on the topic of "**Anaemia**" was also organized by ICDS, Uzhavoor on this date for all NSS volunteers. The talk was conducted by the Vice-President of Uzhavoor Block Panchayat Dr. Sindumol Jacob.

### 14TH JUNE

Donors Day, some of the NSS volunteers of the college created a WhatsApp group for the purpose of providing blood donors to those who needed such help. Those who were interested in giving blood and providing related help could join. The same day the Collector of Kottayam organized a talk on blood donation through Facebook Live which was attended by some of the volunteers.

### 18TH JUNE

The Department of Physics had an invited talk on "**Understanding the Higgs Boson and the LHC Experiment**". The Resource Person was Dr. Rohin Narayan from ATLAS Experiment at **LHC**.

### 21ST JUNE

From 21-26th June, the **Department of English** organized "**The Word Wit Wizardry**" as part of Reading Week celebrations. The competitions were spread across 6 days and more than 50 students from various departments participated.

From 21st June, the **Department of Commerce** conducted a ten-day Certificate course on Practical Accounting for their first-year UG students.

## JUNE 2021

### 21ST JUNE

As part of **International Yoga Day**, the NCC Unit of the college organized a webinar on the topic "**Importance of Yoga in our day-to-day Life**". The resource person was Mr. Dony Thomas (Former Faculty, Dept. of Physical Education of the college). The volunteers of our NSS unit created an informative poster of the Surya Namaskar yoga by putting themselves into the various required postures and taking appropriate pictures.

Celebrating the same day, the **NCC unit** organized several programmes including a **yoga video-making contest** on the yogasanas and its merits. All the NCC Cadets also participated and successfully received e-certificates for the International Day of Yoga Quiz conducted by the Ministry of Ayush and MyGov.

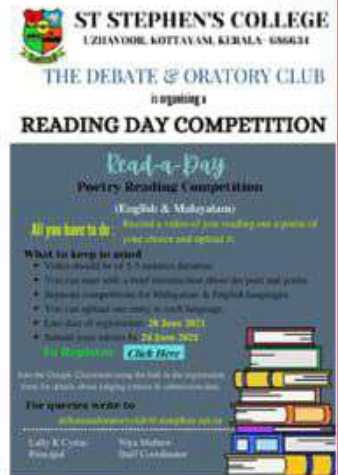
### 24TH JUNE

The **Debate and Oratory Club** conducted Read-a-Day Competition for students, which was a poetry reading contest in English and Malayalam.

### 26TH JUNE

As part of the activities on International Day against Drug Abuse, a talk was organized for the volunteers. The resource person was Sri Deepesh A.S., Excise Officer, Kottayam, who spoke at length about the effects and harm of drug abuse to the volunteers.

The Department of Malayalam conducted an online talk by the poet M R Renukumar in the Reading Week.



**ST STEPHEN'S COLLEGE**  
UZHAVOOR, KOTTAYAM, KERALA - 686031

**THE DEBATE & ORATORY CLUB**  
is organizing

**READING DAY COMPETITION**

**Read-a-Day**  
Poetry Reading Competition  
(English & Malayalam)

**All you have to do:** Recite a stanza of your reading and a stanza of your choice and explain it.

**What to keep in mind:**

- Video should be of 3-5 minutes duration.
- You can read with a friend or recite alone, share the post and points.
- Separate competitions for Malayalam & English languages.
- The final official recording is on 24 June.
- Last date of registration: **24 June 2021**
- Award ceremony on: **24 June 2021**

[Go to Register](#) [Click Here](#)

For queries write to: [debutoratorystudent@ststephenscollege.edu.in](mailto:debutoratorystudent@ststephenscollege.edu.in)

Lady & Chief: Principal      Sri S. Mathan: Staff Coordinator



**മലയാള വിഭാഗം**  
ബന്ധു സി-ഡബ്ല്യൂ സെന്റർ,  
ഗുണ്ടർ  
ജൂൺ 26  
**വായനവാചാപരണം**

പ്രദർശനം  
മഹാശാലി കാലത്തെ  
വായനയുടെ രാജി  
കുറഞ്ഞു.

ജൂൺ 26  
10:30 am

കാലം: 10:30 മുതൽ 12:00 വരെ  
meeting code -  
tz-wbec-gdt

ജൂൺ 26, 2021

## JULY 2021

### 1ST JULY

The **Departments of Zoology & Botany** organized an inter-collegiate Poster making competition to commemorate World Doctor's Day. The competition was called "Saluting the Real Heroes".



The same day the **Department of Commerce** conducted a workshop on Research Methodology for PG students with Dr. Tejil Thomas as the resource person.

### 7TH JULY

The **Department of Economics** celebrated Reading Day with a Reading competition for their 3rd and 5th semester students. The students were asked to read a novel, short-story or article in Malayalam and submit a brief write-up on it, either critically or satirically.

### 11TH JULY

On **World Population Day**, a slogan competition was held to encourage NSS volunteers to think about concepts like population explosion.

### 12TH JULY

The **Department of Commerce**, the Business Incubation Centre & the Entrepreneurship Development Club conducted a webinar on the topic "**Entrepreneurship in Kerala**". **Mr. Baiju Nedumkery** (Chairman & Founder, Agropark & CEO of Technolodge) was the resource person.

To encourage the reuse of paper, **World Paper Bag Day**, a bag making competition was organized for the NSS volunteers.





## JULY 2021

### 16TH JULY

Dr. Rajesh K. (Kerala University of Fisheries and Ocean Studies, Kochi) inaugurated the **Economics Association** with a class on the topic "Demographic Dividend and Prospects for Economic Development in India".

### 17TH JULY

On the **World Day for International Justice**, it was decided to hold a competition to see what justice meant to the NSS volunteers. The participants of the contest were asked to send in their opinions on as to what they felt justice really meant to them.

### 19TH JULY

**Saviezza 2021-22** – The Annual Stephanian Erudite Series – was inaugurated on 19th July by Dr. Sabu Thomas, the Vice-Chancellor of Mahatma Gandhi University. It consisted of a series of lectures delivered department-wise and concluded on 30th July with a valedictory session where the chief guest was Dr. P. T. Baburaj (Director, College Development Council, MG University).



### 25TH JULY

To honour every parent, on National Parents' Day, an audio clip competition was held, inviting NSS volunteers to share their thoughts on their feelings towards their parents.

### 26TH JULY

On 26th July, in honour of the soldiers who had given their lives for their country at Kargil and remembering those who continued to fight for India, a thanking card competition was held for the NSS volunteers.

## JULY 2021

### 27TH JULY

The PG Department of Commerce in association with Entrepreneurship Development Club presented a state-level webinar on "Entrepreneurship and Start-ups in Kerala". Dr Sherin Sam Jose, CEO of Kerala Start-up Valley and Mr. M Fasil, Incubation Manager of Kerala Start-up Mission were the resource persons.

### 28TH JULY

On World Nature Conservation Day, a poster competition was held for NSS volunteers to encourage thoughts about our environment and how it could be saved or conserved.

### 30TH JULY

A message contest was arranged on 30th July, Hiroshima Day, in honour of those who hadn't lived to tell the tale or had suffered drastically from the effects of the bombing.

### 31ST JULY

The Commerce Association organised an inter-departmental "Virtual Scavenger Hunt" competition.

On the same day, the Anti-Narcotic Cell conducted an online Poster Presentation Competition on the theme "Young people and Intoxication".



## AUGUST 2021

### 5TH AUGUST

The Business Incubation Centre and ED Club organized a webinar on "How to Make Funds?" Mr. Solji C. Mathew, Founder of Kulirma Fans, was the resource person.

The same day the **Departments of Mathematics and Statistics** organized a webinar on the Basics of LaTeX Programming as part of its certificate course on the topic. The resource person was Mr. Sijo P. George of Pavanatma College, Murikkassery.

### 12TH AUGUST

For **International Youth Day**, it was decided to hold a motivational audio competition where participants were requested to record an audio clip on the topic – What changes could a person bring to this world and what could young people do if they join hands.

An online quiz competition was conducted on 12th August as part of 'Azadi ka Amruth Mahotsav'. It was open to all students of the college.

### 15TH AUGUST

The celebration committee, to commemorate the **75th Independence Day** on 15th August, brought out a video compilation, paying tribute to the Armed forces and to NCC cadets.

On Indian Independence Day, an online meeting was held for all NSS volunteers to commemorate the occasion, with a talk by the HOD of Physics and one of the senior faculty members Sri K. J. Sebastian. This was followed by a quiz competition on the Quizizz application for the volunteers.

### 16TH AUGUST

An online paper presentation competition was held on 16th August by the **Anti-Narcotic Cell** of the college.

The image shows two posters from St. Elizabeth's College, Uthara. The left poster is for the 'Paper Presentation Competition' and the right poster is for the 'Paper Presentation Competition' winners.

**Left Poster:** Paper Presentation Competition. 16 August 2021. 3IKQvxh. Organized by the Anti-Narcotic Cell. Contact: 9485664202, 9447761782.

**Right Poster:** Paper Presentation Competition: 16 August 2021. WINNERS. First position: Maria James (B.Sc. Chem 2nd year). Second position: Gloria Sebastian (B.A. Eng. Lit. 2nd year). Third position: Ananya Surendran (B.Sc. Maths 2nd year). Fourth position: Mahin Abubekker (B.A. Eng. Lit. 2nd year). Fifth position: Muneer Elan (B.Sc. Phy 2nd year). Congratulations... Organized by the Anti-Narcotic Cell.

## AUGUST 2021

### 18TH AUGUST

Online Onam celebrations Ardrum E-Onam were held via Google Meet and live streamed through YouTube. The chief guest of the day was Mr. K. J Sebastian, HOD of the Physics Department. Various programmes and competitions were part of the celebrations.

### 19TH AUGUST

To celebrate **World Photography Day** on 19th August, an online photography competition was organized for the NSS volunteers.

The P.G. Department of Commerce organised an **interdepartmental photography** competition to celebrate World Photography Day with the theme 'Shadow'.

### 25TH AUGUST

On the International Day for the Abolition of Slave Trade, a video presentation was created for circulation, highlighting the history and importance of the day

### 29TH AUGUST

On National Sports Day a video presentation was created for circulation among staff and students highlighting the importance of the day as well as the history of sports worldwide.

**Pegasus-the English Association**, organized a college-level mobile/ camera photography competition as part of Onam celebrations from 29th - 31st August. 'Onam' was the theme.





SEPTEMBER 2021

## 5TH SEPTEMBER

To celebrate Teacher's Day, an audio-visual compilation on YouTube was released by the celebration committee for all to watch and relish.

On Teacher's Day, a day celebrated across the nation, posters were created by the NSSvolunteers and circulated department-wise. This was to ensure all teachers received a message of love and care from the volunteers.

Pegasus also celebrated **Teacher's Day** on 5th September by preparing attractive e-cards and a short appreciation video for their teachers.

## 8TH SEPTEMBER

The **Commerce Association** conducted a workshop on **Research Methodology** for their PG students. **Dr.Tejil Thomas** (St. Thomas College, Pala) was the resource person.



## SEPTEMBER 2021

### 13TH SEPTEMBER

MIND, the organization working for patients with muscular dystrophy and related disorders, conducted an awareness campaign – *VenamOridam* – for NSS volunteers. The campaign was meant to make all NSS volunteers aware of this issue and recruit volunteers to their campaign.

### 14TH SEPTEMBER

To commemorate and celebrate **Hindi Diwas**, an informative poster on the day was released by NSS volunteers. The history of the day as well as its importance was highlighted.

### 15TH SEPTEMBER

On the International Day of Democracy, a message competition was organized for all NSS volunteers.

### 16TH SEPTEMBER

To celebrate **Ozone Day** on 16th September, and spread awareness about the importance of our dwindling ozone layer, a PowerPoint presentation was created explaining the various facts and figures related to the topic.

**World Ozone Day** was celebrated by the Departments of Zoology and Botany through the creation of an awareness video about ozone depletion.

### 17TH SEPTEMBER

In connection with **World Patient Safety Day** which falls on 17th September, an online poster presentation was made to spread awareness on the topic.



## SEPTEMBER 2021

### 21ST SEPTEMBER

On 21st September - **World Alzheimer's Day**, an essay writing competition was conducted for NSS volunteers, to spread awareness about this disease.

The same day, being **World Peace Day**, a digital poster making competition was conducted by the NCC Unit of our college for all the students of the institution and compiled into an e-book for viewing.

### 22ND SEPTEMBER

For **Rose Day (a day for the welfare of cancer patients)**, a hair donation drive was conducted among the staff and students of the college. The donors send their hair as part of the **campaign to Hair** for Hope India to allow for their hair to be used for the making of wigs for cancer patients. An audio message contest was also organized as part of Rose Day for NSS volunteers. The participants in the contest had to state what they thought was the history behind Rose Day through an audio clip, and what the day stood for.

### 23RD SEPTEMBER

On the **International Day** of Sign Languages, a quiz competition to test the knowledge levels of the NSS volunteers was held.

### 24TH SEPTEMBER

On the occasion of **World Maritime Day**, a drawing competition was held to encourage thoughts and concerns about the oceanic environment. Being NSS Day, a troll competition was conducted as well as a Happiness Competition. Participants had to talk about what made them happy through

### 25TH SEPTEMBER

On 25th September Dr. Anu Paul (Postdoctoral Fellow at Harvard School of Medicine, USA) gave a career talk to the students of the Departments of Zoology and Botany.

## SEPTEMBER 2021

### 26TH SEPTEMBER

The **Women's Cell** organized a state-level webinar in collaboration with ICDS Uzha-voor, Department of Women and Child Development on "PCOD, Abnormal Bleeding in Women and Postmenopausal Bleeding". Dr.Reji D, Consultant Gynecologist, Caritas Hospital, Kottayam, was the resource person. More than 400 women participated in the webinar.

The celebration committee of the college honoured retired professor Dronacharya Sunny Thomas, who celebrated his 80th birthday on 26th September. Due to the pandemic scenario, the committee sent a cake to his home and also compiled a short video, and uploaded to YouTube.

### 28TH SEPTEMBER



Orientation to First Year Students

### 29TH SEPTEMBER

The Departments of Zoology & Botany compiled a video as part of World Heart Day celebrations.



## OCTOBER 2021

### 2ND OCTOBER

On 2nd October Mr. Job Liyo (St Thomas College, Kozhencherry) gave a talk to the students of the Departments of Zoology and Botany on “[How to Face Exams without Fear](#)”. The same day Mrs. Meghna Sudhesh, an alumna of the department and currently pursuing a Ph.D. at Calicut University as a DBT senior research fellow, spoke to the students on “Competitive Exams after Zoology”.

On Gandhi Jayanti, Uzhavoor Panchayat tied up with various bodies at a local level, like Kudumbasree, the NCC, and the NSS units of our college, to clean up the area. Se-



Cleaning Drive in Uzhavoor Town by NCC and NSS

### Swachata Pakwada

The Departments of Zoology & Botany also celebrated World Wildlife Week from Oct 2-8th with a series of programmes including online quiz and photography competitions.



## OCTOBER 2021

### 3RD OCTOBER

On 3rd October the **Department of Commerce** organized an online alumni meet of the 1996 B.Com. batch.

### 8TH OCTOBER

The **Department of Physics** conducted the 4th lecture of the Golden Jubilee Lecture series entitled "Nanomaterials: The Science of Small, with Big Consequences". The resource person was Dr. Priyanka K.P., M.S. Ramaiah University of Applied Sciences, Bangalore.

### 9TH OCTOBER

The Women's Cell conducted an online Poster Designing competition on the theme "Say No To Dowry". The winning posters were sent for the University level competition.

### 17TH OCTOBER

The **Department of Economics** conducted a photography contest on the theme "End Poverty" to commemorate the International Day for the Eradication of Poverty.

### 23RD OCTOBER

The **Women's Cell** of the college in association with ICDS, Uzhavoor, Department of Women and Child Development organized a state-level webinar on the topic "Screening in Breast Cancer". Dr. Jenny Joseph, Consultant Radiation Oncologist, Caritas Hospital, Kottayam, was the resource person, with more than 200 women attending.

### 23RD OCTOBER

A webinar on the topic of Gender Awareness was held on 30th October as part of the Kanal project by the Women and Child Development Department of Kerala in association with Women's Cell, NSS and NCC of the college, along with DWCDO, Kottayam. Smt. Babita (Gender Promoter) was the resource person.

## OCTOBER 2021



The Department of Economics organized a webinar on 30th October on “Protection of Human Rights in India: Constitutional Perspective”. The resource person was Sri. Renjith V.T., School of Distance Education, University of Calicut.

NSS volunteers, as part of their community outreach services, on 30th October helped with the cleaning of the Puthuvelil Govt. School Library, which needed to be tidied before the children came when the school year restarted on the premises.

## 31ST OCTOBER

On Unity Day as per instructions from the central government, all the NSS volunteers were asked to take a pledge which they did. In addition to this programme, an elocution competition was conducted for the students of the college based on the theme.



## NOVEMBER 2021

### 1ST NOVEMBER

The Women's Cell successfully conducted an all-Kerala online quiz competition on the topic "Women in Kerala" as part of Kerala Day celebrations on 1st November at 8.00 pm with more than 300 participants.



### 8TH NOVEMBER

An Orientation cum **Soft Skills Development session** was held for first year UG students by Sri. Eldo Poullose.

### 11TH NOVEMBER

The Women's Cell organized a workshop on Google Form creation for its student representatives. Cell co-ordinator Ms. Asha Raju was the resource person.

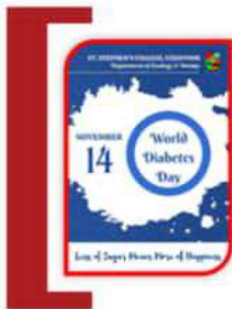
### 12TH NOVEMBER

The Birds Club of the college, in association with the Departments of Zoology and Botany, conducted a state-level online poster designing competition, to celebrate National Bird Watching Day. Various schools and colleges participated in the event.

### 14TH NOVEMBER

As part of World Diabetes Day, the Zoology Association conducted a poster exhibition for the staff and students of the college in the Department.

## NOVEMBER 2021



### 19TH NOVEMBER

To introduce NSS to the first-year students who had recently joined the college, the existing NSS volunteers conducted a flashmob.

### 20TH NOVEMBER

Women's Cell in association with Kerala State Women's Development Corporation & ICDS Uzhavoor and Erattupetta, organized a state-level webinar on the topic "**Journey of Aham**". Ms. Dinu Elizabeth Roy (Chief Designer -Aham Designer Boutique) was the resource



### 25TH NOVEMBER

A State-level Webinar entitled **Sthreesureksheyum Velluvillikellum**, in association with District Legal Services & ICDS of Uzhavoor, as well as the Women's Cell of the college, was held for all the staff and students of the college. The webinar, held in connection with International Day for the Elimination of Violence against Women, was inaugurated by Sri Sudheesh Kumar S., Sub-Judge of District Legal Services Authority, Kottayam. The talk was conducted by Sr. Adv. Jyothis S.D., Member of Child Welfare Committee, Kottayam. The webinar was conducted for all via Zoom platform using the interactive boards in the college.



## NOVEMBER 2021

### 26TH NOVEMBER

A pledge was taken by the students of the college on Anti-Dowry Day that they would not stand for the act of collecting or taking any dowry. The programme was conducted in association with Women's Cellin association with The Kerala State Women's Development Corporation Ltd. A spot quote competition on the topic "Say No to Dowry" for all students was held in college.



An awareness class was conducted on Electoral Roll Enrolment in conjunction with the Electoral Roll Club of the college on the same day. The class was taken by Sri Arun Ravindran from the Dept. of Political Science for all first-year students of the college.

### 30TH NOVEMBER



Self Defence training programme - karate classes for women





**DECEMBER 2021**

### **1ST DECEMBER**

An orientation for final year UG students on career and placement opportunities was conducted by Dr. Brijesh George John (International Trainer, Motivational Speaker).

1st December being **World AIDS Day**, AIDS awareness badges were created and distributed college-wide by NSS volunteers

### **3RD DECEMBER**

On World Conservation Day, the first-year students of the Departments of Zoology and Botany made various types of birds' nests and gave it to Mr. Biju Thomas, HOD, for display.



## DECEMBER 2021

### 4TH & 13TH DECEMBER

On 4th & 13th December NSS volunteers provided ground support to Uzhavoor Krishi Bhavan for their AIMS app aimed at organizing and helping farmers in the locality. The volunteers helped farmers register through the application and ensure their details were uploaded and saved. The programme was conducted in association with CEERD.



### 9TH DECEMBER

25th November has been designed as Orange Day by UNiTE - the International Day for the Elimination of Violence against Women. Women's cell and NSS of St.Stephen's College, Uzhavoor in association with The Kerala State Women's Development Corporation Ltd and ICDS Uzhavoor, The Department of Women and Child Development, conducted a flash mob on 9th December at Uzhavoor town. The theme was "Stop Violence against Women". The programme was inaugurated by Sri. Roshy Augustine, Water Resources Minister of Kerala. Sri Johnys P. Stephen, President, Uzhavoor Panchayat and Dr.Tincy Ramakrishnan (CDPO, Uzhavoor) felicitated the programme.



### 10TH DECEMBER

On Human Rights Day, a rally was organized in which NSS volunteers across the years participated. The students carried placards and shouted slogans as they moved around the vicinity to remind the onlookers of the importance of the day. As part of International Human Rights Day, the Women's Cell of the college, in association with The Kerala State Women's Development Corporation Ltd., conducted a street play on the theme "**Protection of Rights**," to increase awareness among students. The Women's Cell also sponsored a complaint box for the students with the support of The [Kerala State Women's Development Corporation Ltd.](#) The Principal handed over the key of the complaint box to the co-ordinators of the Grievance and Redressal Cell



## DECEMBER 2021

The same day the Department of Economics conducted a poster-making competition for all students of the college based on the year's theme "Equality". Students of the department organised a flash mob and a literacy survey was also conducted in the college to calculate literacy among students about human rights. In addition, surprise quizzes with prizes were conducted among students and teachers.

The **Department of Physics** conducted the 25th Prof. Celine K. Joseph Memorial All Kerala Intercollegiate Physics Quiz. About 50 teams participated of which 5 teams were selected for the finals



### 11TH DECEMBER

ON 11th December, as part of their induction into NSS, the first-year students were given an orientation programme. The morning session was a class by former NSS Programme Officer Sri Jimmy James who oriented the volunteers on NSS and its history. In the afternoon the volunteers were involved in cleaning various parts of the campus.

### 13TH DECEMBER

The 5th Inter departmental penalty shootout organised by the Commerce Association was held in the football ground. Commerce association won the trophy and the best goalkeeper prize.

### 15TH DECEMBER

The Career & Placement Cell in association with the PTA organized a one-day at Chazhikattu Hall on the topic '**How to perform better in Group Discussions, Personal Interview & Aptitude Test**'. This seminar was to prepare second year PG students for the campus placement programme which was scheduled on 16th December by Gram Pro (for ESAF Bank).

## DECEMBER 2021

### 21ST DECEMBER

An Academic Audit was conducted by Dr. T.M Joseph, Governing Body Member, and Dr.ShineyPalatty, Principal, Bharat Mata College, Thrikakkara.



### 23RD DECEMBER

The celebration committee conducted Christmas Celebrations **Oslava 2021-22**. The chief guests were Mr. P. U. Thomas, founder and Managing Director of Navajeevan Trust; and actor **Ms. Gowri Krishnan**. Mr. P. U. Thomas delivered the Christmas message and enlightened the audience with his humility. A fund collection of Rs 10,000/-, which was collected from the staff and students of the college, was also handed over to Mr. P. U. Thomas, as a contribution towards the trust. Ms. Gowri Krishnan formally inaugurated the “Dance and Music Club” of the college. Several programmes and competitions also took place that day.

### 26TH DECEMBER 2021 – 1ST JANUARY 2022

**Meraki 2021-22** – the Annual Seven-Day Special Camp of the NSS Unit of St. Stephen’s College, Uzhavoor, was held from 26 December 2021 – 1 January 2022 on campus. Altogether there were about 100 participants. Uzhavoor Panchayat President Sri. Johnys P. Stephen inaugurated the camp. The NSS volunteers experienced a variety of programmes, events and classes throughout the camp.

### 29TH DECEMBER

A rally was conducted as part of Sparsham 2021 to create awareness about drugs. Sparsham 2021 was the anti-drug campaign happening state-wide, jointly organized by the Kerala State Excise Department and the State Office of NSS. The rally was conducted with the help of posters and placards prepared for this purpose. Sri Reji Thomas, the motivational speaker, flagged off the rally.

## JANUARY 2022



### 1ST JANUARY

The Departments of Zoology and Botany organized a **New Year Resolution** competition for the students of the department.

### 3RD JANUARY

A cake making competition was conducted for teachers and students by the Women's Cell of the college.

### 6TH JANUARY

The Women's Cell of the college in association with The Kerala State Women's Development Corporation Ltd. conducted a competition to bring out entrepreneurial ideas from students of the college entitled **St. Stephen's Young Innovator Award 2020-21**. Students presented their ideas which were evaluated by the judges. Mr. Ansil MT (First year, M. Com) won the first prize for his online app on Soft Skill Development.

### 1ST JANUARY

An orientation on career opportunities after graduation was given to first-year UG students by the Career and Placement Cell of the college in association with T.I.M.E., Kottayam.

### 10TH JANUARY

A rally was conducted on 10th January as part of SwasthaBalak - Balika Spardha - an initiative of the Government of India. The rally was conducted with the purpose of creating awareness about the need to mitigate malnutrition especially among children and a message on the topic was also delivered.

### 12TH JANUARY

To commemorate National Youth Day, an essay competition was held on campus for all the students of the college. The topic given was "The Role of Youth in Nation Building Today."

### 14TH JANUARY

A seminar on the topic "Stress Management" was held by the Women's Cell of the college in association with The Kerala State Women's Development Corporation Ltd. for all. Smt. Grace Lal, Psychologist & Family Counsellor, was resource person.

## JANUARY 2022

### 15TH JANUARY

The NCC Unit of our college observed Army Day on 15th January with motivational posters saluting the selfless sacrifice of those who laid down their lives for the nation

### 26TH JANUARY

Republic Day, 26th January, was observed by the NCC Unit of our college with several programmes including flag hoisting and speeches.

A video about the Republic of India was released by the Ek Bharat Shreshta Bharat Club detailing information about the country's history and relevance.

### 31ST JANUARY

An initiative of Uzhavoor Panchayat and the local medical authorities, Sparshamwas a session for the volunteers held to raise awareness among the general public about leprosy on 31st January. The class by Dr.Mammen P. Cherian introduced the topic of leprosy and how one could get the disease as well as the symptoms and related issues. After the class, the participants were requested to switch on their cameras to take an oath in this regard.



## FEBRUARY 2022

### 3RD FEBRUARY

A panel discussion/ debate was held via Google Meet on the “Increasing Rate of Women-Related Crimes – Reasons & Solutions” happening in the state. The panellists were Smt. Remya Binoy, Chief Sub-Editor of **Malayala Manorama** & Sri Manoj Kumar C.S., SI of Police, Kuravalingadu. The session was chaired by Dr.Tincy Ramakrishnan, Child Development Officer, ICDS, Uzhavoor. The programme was held in association with Women’s Cell, the Oratory and Debate Club, and ICDS, Uzhavoor.

### 10TH FEBRUARY

The Women’s Cell in association with The Kerala State Women’s Development Corporation Ltd. organized a workshop on “**Online Certificate Generation**” for staff and students. Women’s Cell Co-ordinator Ms. Asha Raju was the resource person.

### 12TH FEBRUARY

The Departments of Zoology & Botany organized a video compilation as part of **Darwin Day** celebrations. A poster was also designed and circulated in this regard.



### 17TH – 23RD FEBRUARY

The annual training camp of the NCC unit of our college was held from 17th – 23rd February. 200 cadets from across the state participated in the camp which made it a grand success.



### 18TH FEBRUARY

Golden Jubilee Memorial Lecture Series by the Department of Physics  
All Kerala Intercollegiate Seminar Presentation Competition

## FEBRUARY 2022

### 21ST FEBRUARY

The Department of Malayalam in association with K.R. Narayanan Study Centre celebrated **LokaMathrubhashadinam** (World Mother Tongue Day). A poetry recitation competition was held at Chazhikattu Hall. The Principal also led the Mathrubhashadina pledge.

### 24TH FEBRUARY

The Women's Cell in association with Kerala State Women's Development Corporation conducted a Stand-up Comedy competition. The theme for the competition was '**Break the Bias - Gender Equality for Sustainable Tomorrow**'.

### 26TH FEBRUARY

The Ek Bharat Shreshta Bharat Club released a video on the similarities between Himachal Pradesh and Kerala to show how similar the two states are.

### 28TH FEBRUARY

The **Departments of Zoology and Botany** organized "Shasthra" on National Science Day. The programme consisted of a get-together of former faculty, a science exhibition, and a talent show.



## MARCH 2022

### 2ND MARCH

The Women's Cell in association with The Kerala State Women's Development Corporation Ltd. visited Akashaparavakal near Uzhavoor on 2nd March. This is a shelter for intellectually disabled, aged, Divyangjan, abandoned, and orphaned including children. About 20 members of the cell visited, gave meals, and handed over an amount of Rs. 5000/- to the authorities.

### 8TH MARCH

On 8th March as part of **International Women's Day** celebrations, the Women's Cell in association with Kerala State Women's Development Corporation Ltd., invited Dr. Ancy Joseph, former principal of S.D. College, to deliver a talk on the topic "Autonomy and Self Actualization".

To encourage responses and make students think, a video poll was organized on Women's Day and filmed on campus. Students were asked their opinion on women empowerment today. This was compiled into a video.

### 10TH MARCH

The Anti-narcotic Cell Conducted a Collage Competition in Collaboration with the Department of English to promote the message of the No Smoking Day.



### 10-23RD MARCH

**Quaesito 2021-22**, the National Conference and Paper Presentation Competition was conducted for the second time this year at a pan-India level. Faculty, research scholars, and students from institutions across the country presented papers online. Invited talks by eminent personalities in each discipline were part of the programme. The programme was inaugurated on 10th March by **Dr. P. T Baburaj** (Director, College Development Council, M. G University) and continued till 23rd March.

## MARCH 2022



### 15TH MARCH

The **Student's Council** was formed based on the parliamentary form of the election on 15 March 2022, with the following elected members as its office bearers:

<b>Chairman</b>	K.B. Muhammed Lukman	S4 English
<b>Vice-Chairperson</b>	Nandana K. Ajith	S4 Zoology
<b>General Secretary</b>	Alen John Biju	S4 B.Com. CA
<b>Arts Club Secretary</b>	Nandakumar C. B.	S4 Physics
<b>College Magazine Editor</b>	Alan S.	S4 Zoology
<b>University Union Counsellor</b>	Amal Thankachan	S4 B.Com. FT
<b>University Union Counsellor</b>	Rahul Mohanan	S6 Economics
<b>Sports Secretary</b>	AnasmonSakeer	S4 English
<b>III Year Representative</b>	Aswin S.	S6 Chemistry
<b>II Year Representative</b>	Alby Saji	S4 Economics
<b>I Year Representative</b>	Akhil Sunil	S2 B. Com. CA
<b>I P.G. Representative</b>	EbinKuttichan	I M.Sc. Chemistry
<b>II P.G. Representative</b>	AkshayStephen	II M.Sc. Chemistry
<b>Lady Representative</b>	AlphyJohny	S4 Economics
<b>Lady Representative</b>	Nidhila C. Suresh	S4 English

## APRIL 2022

### 7TH APRIL

The Commerce Association in a tie-up with the PTA of the college conducted a Three-Day Finishing School for their final year B.Com. and PG students. Corporate Trainer of Training Gurus, Kochi Mr. Eldo Paulose was the resource person.

### 19TH APRIL

The Commerce Association conducted a workshop on Research Methodology for their PG students. Dr.Teji Thomas (St. Thomas College, Pala) was the resource person.





**MAY 2022**

**PAPERS PUBLISHED IN 2021-22**

Name of the faculty	Department	Name of the Journal	Name of the Article
Sincy Joseph	Botany	Research and Reviews Journal of Agriculture and Allied Sciences	Heavy Metal Phyco- Remediation Efficiency of Blue Green Algae in Periyar River, Kerala: A Review
Gils Jose	Chemistry	International Journal of Molecular Sciences	"Functionalized Reduced Graphene Oxide as a Versatile Tool for Cancer Therapy"
Dr.Sincy Joseph	Botany	UTTAR PRADESH JOURNAL OF ZOOLOGY, 42(24), 270-279.	Microbiological Analysis of Drinking Water in Uzhavoor Panchayat of Kottayam District-Kerala, India
Dr.Merly K Punnoose	Hindi	SAHITYIK SAMVAD	Sangharsh Bhari Dastan Ka Dastavej: 'a jindagi tuje salaw'
Asha Raju	Zoology	AUREOLE	A Study on the Eosive Effect of soft drinks on human Dentl Enamel
Thomas K C	Economics	JETIR2012044 Journal of Emerging Technologies and Innovative Research (JETIR) www.jetir.org 311	Paddy Cultivation in the Kuttanad Region of Kerala: An Analysis of Trend in Area, Production and Productivity
Thomas K C	Economics	Journal of Research & Development', Impact Factor 5.13, ISSN: 2230-9578, April-2021, Volume-11, Issue-8 "Recent Trends in Social Sciences"	A Study on Rural Development in Wetland Regions- Special Reference to Kuttanad in Kerala
Dr.Merly K Punnoose	Hindi	SAHITYIK SAMVAD	Sangharsh Bhari Dastan Ka Dastavej: 'A Jindagi Tuje Salam'
Sincy Joseph	Botany	International Journal of Botany Studies	Review on Blue Green Algal Habitat Distribution

- ✓ Thomas Mathew, Dept of Physics, Journal of Physics and Chemistry of Solids, [First-principles investigation of structural, electronic and optical properties of quasi-one-dimensional barium cadmium chalcogenides Ba<sub>2</sub>CdX<sub>3</sub> \(X= S, Se, Te\) using HSE06 and GGA ...](#) 161, 110488
- ✓ Thomas Mathew, Dept of Physics, Solid State Sciences [Density functional study of electronic and optical properties of quasi-one-dimensional metal tin sulfides MSnS<sub>3</sub> \(M= Hf,](#)
- ✓ Thomas Mathew, Dept of Physics , Superlattices and Microstructures, [Density functional study of structural, electronic and optical properties of quasi-one-dimensional compounds BaTiX<sub>3</sub> \(X= S, Se\)](#)
- ✓ Thomas Mathew, Dept of Physics , Solid State Sciences [Electronic and optical properties of Quasi-1D barium zinc chalcogenides Ba<sub>2</sub>ZnX<sub>3</sub> \(X= S, Se, Te\): A DFT approach](#)
- ✓ Bindhu Baby, Dept of Chemistry, Journal of Physics and Chemistry of Solids, [Investigation of active sites using solid state 27Al and 31P MAS NMR in ceramic amorphous aluminophosphate materials prepared from different potassium salts of phosphate for the synthesis of diphenyl urea derivatives](#)

## STUDENTS' ACHIEVEMENT IN RESEARCH

Aleena Thomas, B. Sc. Mathematics, Christopher Thomas, B. Sc. Physics, and Jinu Maria Varghese, M. Com. (2021 pass out Batch) won first prize and Excelsior Award in the All-India Project Presentation Competition in Mathematical Sciences, Physical Sciences and Commerce respectively organized by St Joseph's College for Women Alappuzha in association with Kerala Sastra Shathiya Parishad.

## OTHER ACHIEVEMENTS

**Jayalakshmi G Nair** of Third DC Mathematics successfully completed the All-India Rock-Climbing Training Camp held at **Gwalior** and reached Kerala Today evening. She is one of the six Cadets selected from the Kottayam group comprising of five districts in middle Kerala.

**Ashmi Kuriakose & Aswathy Suresh** of B. Sc. Chemistry created a world record: Unique Arecanut Palm Painting

**Chackochan Bobby** won gold medal for high jump in Kottayam district athletic championship conducted at municipal stadium Pala

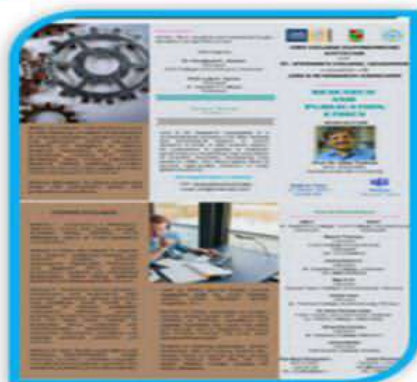
**Riya Mary Bino** of 5th Semester English language and literature who won 2nd prize in the Jeep Mud Race ladies category held at Piravom.

## ACHIEVEMENTS BY FACULTY

- **Jasimudeen S**, Librarian received Best Librarian Award 2021 in recognition to his outstanding contribution in the field of education from Vertex Research and Technology, Trichy.
- **Jais Kurian**, Department of Mathematics promoted to Captain Rank in NCC.

## COLLABORATIONS

- The **Department of Physics** is in joint research collaboration with Central University of Kerala and High Performance & Quantum Computing (HPQC) Labs, Canada. As part of the collaboration, Thomas Mathew of the department is now utilizing the national supercomputing facility of Canada, 'Compute Canada' for his research.
- The college applied for collaboration with **SreeNarayanaguru Open University**, Kollam to start an off-campus study centre within our walls.
- The college is one of the organizers of the 30-Day International Online Workshop on "Academic Writing and Communication Skills, Research Methodology, Reference Management, and Academic Publishing."



- As part of reading week celebrations, the college entered into an agreement with the leading publishing firm LORE and ED.
- St. Stephen's College, Uzhavoor, St. Peter's College, Kolenchery, St. Thomas College of Teacher Education, Pala in association with Lore & Ed Research Associates organized an add-on course in Media and Information Literacy. This MOOC course is of 36 hours duration and 2 credits.
- St. Stephen's College, Uzhavoor and CMS College, Kottayam in association with LORE and ED Research, Kottayam started an add-on course in Research and Publication Ethics.
- An MOU between KILA (Kerala Institute of Local Administration), Thrissur and K.R. Narayanan Study Centre, St. Stephen's College, Uzhavoor for conducting internship training programmes and certificate courses for students of this college was signed on 11th February.

## APPOINTMENTS

Dr. Stephen Mathew of the Department of Commerce was appointed as the Vice-Principal of the college this academic year. Ms. Lijiyamol Thankachen of the Department of English was appointed as Head of the Department as well this academic year.

The following faculty members were appointed during the current academic year:

1. Dr. Bindhu Baby, Dept. of Chemistry
2. Dr. Christy Philip, Dept. of Chemistry
3. Dr. Gils Jose, Dept. of Chemistry

The following non-teaching staff were appointed during the current academic year:

1. Sr. Angel Maria SJC (Office Attendant)
2. Mr. Shibin Benny (Office Attendant)
3. Mr. Sajumon Shaju (Office Attendant)
4. Smt. Sunumol Cyriac (Office Attendant)
5. Mr. Jobit Lukose (Mechanic)
6. Mr. Justin C. Stephen (Computer Assistant)

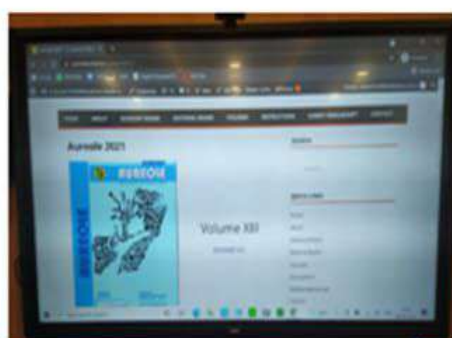
## RETIREMENT



The following teachers are due to retire from service after having rendered meritorious and selfless, dedicated service to this prestigious centre of higher learning:

1. Smt. Lally K. Cyriac, the Principal
2. Sri K.J. Sebastian, HOD of Physics

Published Peer Reviewed Multi-Disciplinary Research Journal-AUREOLE -2021 both PRINT and ONLINE ([www.aureoleonline.in](http://www.aureoleonline.in))



## PARISTHITHY MITHRA AWARD 2021

INDIVIDUAL WINNER: BULBENDRAN ADIMALI

INSTITUTIONAL CATEGORY: ST. THERESAS COLLEGE,  
ERNAKULAM



## HEALTH INFONET – HEALTH LITERACY INITIATIVE

Health Infonet is a not-for-profit initiative projected as an institutional effort of St.Stephen's College, Uzhavoor and Mahatma Gandhi University under the co-ordination of Dr. Biju Thomas, Syndicate Member, who serves as the academic co-ordinator of Health Infonet Health Literacy Initiative.

It is a platform for collaboration of institutional and health care experts' aiming at the dissemination of health literacy. It provides its services through the health infonet web portal (<https://healthinfonet.in>).

## INFRASTRUCTURE AND LEARNING RESOURCES

### EDUCATIONAL THEATRE



### LANGUAGE LAB

10 lakhs sanctioned from the development fund of Sri Mons Joseph, MLA Kaduthuruthy for the renovation of Language Lab with 16 computers, interactive panel, backup facilities, and software.

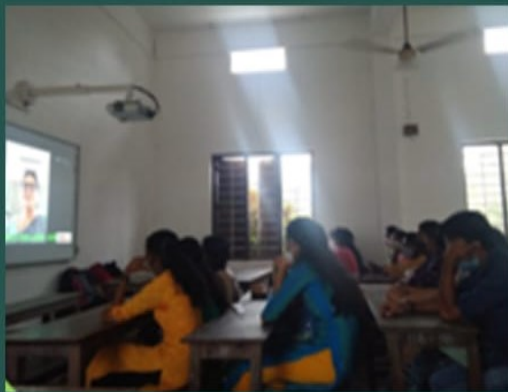


LANGUAGE LAB



COLLEGE CHAPEL

NEW BUILDING WITH RUSA FUND



INTERACTIVE PANEL INSTALLED IN 13 CLASSROOMS WITH FUNDS FROM MANAGEMENT AND ALUMNI

Principal



Prof. Lally K. Cyriac



ESTD. 1964

## ST. STEPHEN'S COLLEGE, UZHAVOOR

A MINORITY INSTITUTION OF HIGHER LEARNING, RUN BY THE KANAYA CATHOLIC ARCHDIOCESE OF KOTTAYAM  
AFFILIATED TO MAHATMA GANDHI UNIVERSITY, KOTTAYAM

# Congratulations

## WAKE UP CALL 2022



### MAHATMA GANDHI UNIVERSITY YOUTH FESTIVAL

'A' Grade  
Light Music (Male)



*Thejus Atmajan*  
M.Sc. Chemistry

'A' Grade  
Kavithaparayanam



*Anu Reji*  
M.Sc. Physics

'A' Grade  
Percussion Instrument  
Western



*Benhur E Krishna*  
BA English

'A' Grade  
Bharatnatyam (F)  
Mohiniyattam  
Keralanadanam



*Saljakumari Sabu*  
B.Sc. Mathematics

'A' Grade  
Folk Dance



*Adheena Babu*  
B.Sc. Zoology

### Editorial Board

**Prof Lally K Cyriac, Principal**

**Dr. Stephen Mathew, Vice Principal**

**Rev. Fr. Jins Nellikkattil, Bursar**

**Capt. Jais Kurian, IQAC Coordinator**

**Fr. Benny Thomas & Ms. Sruthy Elsa Jose, Editors**